# **Evaluating the Perception of Others in a Remote Experience** of Interaction: a Pilot Study

#### Yusseli Lizeth Méndez Mendoza<sup>1</sup>, Emanuel Felipe Duarte<sup>1</sup>, M. Cecília C. Baranauskas<sup>12</sup>

<sup>1</sup>Instituto de Computação – Universidade Estadual de Campinas (Unicamp) Campinas – SP – Brasil

> <sup>2</sup>PPGInf, Universidade Federal do Paraná (UFPR) Curitiba – PR – Brasil

{yusseli.mendoza, emanuel.duarte}@ic.unicamp.br, mccb@unicamp.br

Abstract. The social and physical distancing and the rapid transition to remote learning during pandemics had an impact on children's well-being. In this context, the Human-Computer Interaction (HCI) field envisaged challenges to design and evaluate computational systems. In this paper, we propose an evaluation instrument considering socio-affective aspects of the experience, and present results from a pilot study to evaluate the Aquarela Virtual system. The system allows remotely situated children to interact with others by using physical objects related to a children's song, and emoticons to express their emotions. Based on findings of these evaluations, we provide insights on other aspects to be covered by our evaluation instrument, and improvements in the system.

#### 1. Introduction

During the pandemic time children were confined at home so they were not exposed to the COVID-19 and could prevent the spread of the virus in schools and in their homes. With the schools closed, the children had to continue their school curricular activities on digital platforms. However, the rapid transition to digital platforms, the social and physical distancing from friends and teachers, and many other factors, ended up impacting the mental health and well-being of children by generating stress, inattention, irritability, among other behavioral and emotional disorders [Hoffman and Miller 2020, Jiao et al. 2020, Cianfarani and Pampanini 2021]. In this scenario, the Human-Computer Interaction (HCI) field envisaged challenges to design and evaluate computational systems facing these problems.

In this paper, we evaluate the perception of others by exploring socio-affective aspects of a remote experience of interaction with the Aquarela Virtual system. The Aquarela Virtual system [Duarte et al. 2022] allows remotely situated kindergarten children to be able to interact with the system and with others according to elements of the Aquarela song [Moraes et al. 1983]. Children can use physical objects to represent elements of the song and emoticons to express their emotions. Each object and emoticon contain a QR code to be detected by the system and to display feedback actions such as digital animations and sounds. The Aquarela Virtual system was developed during the pandemic time in the context of a thematic research project [Baranauskas 2015] whose approach is related to the most recent discourse on the embodied mind [Varela et al. 2016]

that represents an influential theoretical reference for understanding cognition, named the enactive approach.

Within the context of the Aquarela Virtual system, a research question we want to address is "How to evaluate the Aquarela Virtual system affordances for the socioaffective aspects of the experience?" Thus, we conducted a pilot study to evaluate the first version of the system. As we are interested in evaluating the potential of the system for raising social and affective aspects of the experience, we propose the Socially Extended Perception of the Experience (SEPE) as an evaluation tool. SEPE is based on two evaluation instruments: The AttrakDiff questionnaire [Hassenzahl et al. 2003] and the Condensed Networked Minds Social Presence Inventory (NMSPI) [Harms and Biocca 2004]. The first instrument was selected because it is one of the most recognized standardized questionnaires for UX evaluation [Díaz-Oreiro et al. 2019], as it evaluates important aspects of the experience such as pragmatic and hedonic qualities. However, we perceive in it a need for more attributes to address social aspects of the experience [Mendoza and Baranauskas 2020], hence, we were inspired by the NMSPI questionnaire to tell us how users feel socially interacting through the system, and how aware they are of the effects of their actions on the emotional and behavioral state of others.

The pilot study was developed remotely with 9 adult participants, and we used Google Meet as a tool to coordinate the communication during the study. The reasons of having adults as participants were two: not exposing children to test situations in a pilot study, and counting on the expertise of the group in HCI and Education fields. Results of the study are based on data gathered from *SEPE* that include AttrakDiff diagrams and participant responses for items related to the *NMSPI* questionnaire. This work contributes with (1) a preliminary evaluation of the Aquarela Virtual system, and (2) an evaluation instrument for considerations of socio-affective aspects of the experience.

The paper is organized as follows: Section 2 presents the theoretical and methodological background for the work. Section 3 describes the pilot study and results. Section 4 provides a discussion about the results obtained with our evaluation instrument and improvements in the system after the evaluation, and Section 5 concludes with insights on other aspects to be covered by our evaluation instrument.

## 2. Background and Methodological Reference

In this section, we present the theoretical background about the enactive approach to cognition, and we raise some potentially useful evaluation instruments.

#### 2.1. The Enactive Approach to Cognition

In the third interaction wave of HCI, the interaction has been treated as a form of meaningmaking in which artifacts and their context are mutually defining and subject to multiple interpretations [Harrison et al. 2007]. In this sense, several researchers in HCI have considered the phenomenological approach and cognitive science in the design of computational systems. Among them, Dourish (2004) proposed the concept of *Embodied Interaction* to refer to research ideas around tangible and social computing. According to the author, *Embodied interaction* refers to the understanding that users create and communicate meaning through their interaction with the system (and with each other, through the system). McCarthy and Wright (2004) proposed experience-centered approaches, including emotional and sensory conditions of interaction with technology. The work of Kaipainen *et al.* (2011) about *Enactive Systems* points out the bodily involvement and spatial presence of the human agent without the assumption of conscious control of the system in technological interaction – acting with the system instead of just using it. The work of [Baranauskas et al. 2021] proposed the concept of *Socioenactive Experience* based on the *Enactive Approach* to cognition [Varela et al. 1993, Varela et al. 2016] in which the mind, body, and environment are in a dynamic and mutually constituent interaction. In summary, the Enactive Approach emphasizes the extended, intersubjective, and socially situated nature of cognitive systems [Gallagher and Lindgren 2016]. Thus, social situations of interaction, emotions, embodiment, and experiences are keywords in the third interaction wave that should be considered.

#### 2.2. Evaluation instruments

Focusing on the evaluation of several aspects of interaction with computational systems, we find evaluation instruments to measure affect such as the Positive and Negative Affect Schedule (PANAS) [Watson et al. 1988], instruments to measure emotion such as the Self-Assessment Manikin (SAM) [Bradley and Lang 1994] and the emoti-SAM [Hayashi et al. 2016], and questionnaires such as the AttrakDiff [Hassenzahl et al. 2003] to evaluate the user experience (UX). However, we hardly find instruments to capture social and affective aspects involved in the interaction and experience with others as pointed out by [Harms and Biocca 2004]. As we are interested in evaluating the perception of others in the interaction experience with the Aquarela Virtual System, in this work we propose *The Socially Extended Perception of the Experience (SEPE)* based on the AttrakDiff questionnaire and the NMSPI questionnaire, both synthesized as follows:

## 2.2.1. AttrakDiff

The AttrakDiff is a questionnaire to capture the user experience to interact with interactive systems [Hassenzahl et al. 2003], and it is considered one of the most recognized standardized questionnaires for UX evaluation [Díaz-Oreiro et al. 2019]. It consists of 28 word pairs that represent extreme opposites, with seven graduations between them. Each word pair refers to pragmatic or hedonic attributes, or attractiveness of the interactive system. Pragmatic Quality (PQ) refers to functional aspects of the system while Hedonic Quality (HQ) refers to the attributes to evoke pleasure. Some examples of word pairs are: "complicated / simple", "isolating / connective", "undemanding / challenging", or "ugly / attractive". Results of the AttrakDiff illustrate the medium value of PQ and HQ, the average values of PQ, HQ and ATT, and the average value for each word pair.

## 2.2.2. Condensed Networked Minds Social Presence Inventory (NMSPI)

The NMSPI [Harms and Biocca 2004] is a questionnaire to measure "Social Presence" in a mutual interaction with others according to the initial awareness, allocated attention, the capacity for both content and affective comprehension and the capacity for both affective and behavioral interdependence with others. It consists of 36 items grouped in six dimensions: Co-presence, Attentional allocation, Perceived message understanding, Perceived affective interdependence, and Perceived behavioral

interdependence. For example, "Perceived affective understanding" refers to the user's ability to understand the emotional states of others, while "Perceived affective interdependence" refers to the extent to which the user's emotional state affects and is affected by the emotional states of others.

In this work, we combined the strengths of both questionnaires in their reach, while we balanced their complexity, resulting in the instrument used and described in this study: the *Socially Extended Perception of the Experience (SEPE)*. While the AttrakDiff allows us to measure pragmatic and hedonic qualities, and attractiveness of the system, the NMSPI allows us to know how users understand the emotional state of others through the system and how aware they are of the effects of their actions on the emotional and behavioral state of others. In the next section, we explain the pilot study conducted to perform a preliminary evaluation of the Aquarela Virtual system by applying a preliminary version of our evaluation instrument.

## 3. Pilot Study

In this section, we explain the context and participants of the study, method and materials, the proposed evaluation instrument, and the results of applying it.

#### 3.1. Context and Participants

The pilot study was developed remotely and involved the participation of 9 researchers in HCI and Education fields, as an evaluation effort before involving children directly. This work is part of a project that was approved by a research ethics committee (CAAE 72413817.3.0000.5404). We used the Google Meet as a tool to coordinate the communication during the study.

## 3.2. Method and Materials

## 3.2.1. The Aquarela Virtual system

The Aquarela Virtual system is a web-based application that allows remotely situated children to interact with the system and with others according to elements of the Aquarela song [Moraes et al. 1983]. This first version of the system provides an interaction experience enriched with tangible objects and QR-codes. Firstly, children can select avatars of animals (rabbit, panda bear, cat, dog, etc.) in the login interface to represent them in the system. Subsequently, children can manipulate physical objects and emoticons attached with QR-codes in front of their webcams to experience the musical environment. Each QR-code represents elements of the song (castle, gull, sailboat, airplane, and a drop of paint), or emotional states differentiated by colors (happy, calm, angry, sleepy, sad, and afraid). According to the QR-code detected by the system, a song segment and animations related to the object are triggered by the system.

In Figure 1, one child selected a rabbit and the other child a panda bear. They interact with their sailboats and the "happy" emoticon. When the sailboat QR-code is detected by the system then the song segment related to it is played. Both avatars appeared in the background and looked like they were blowing the digital sailboat that moves over the waves. Moreover, when the "happy" emoticon is detected by the system then happy faces appear on the right side of the screen, whereas the other child observes the emoticon



Figure 1. The Aquarela Virtual system

close to the child's name who started the animation. More details about the system can be found in [Duarte et al. 2022].

#### 3.2.2. The Socially Extended Perception of the Experience (SEPE)

The Socially Extended Perception of the Experience (SEPE) was proposed as an evaluation instrument to measure the perception of others by considering socio-affective aspects of the experience, and also its Pragmatic Quality (PQ), Hedonic Qualities (HQ), and Attractiveness (ATT). This first version of the SEPE was conceived as a Google form questionnaire with a seven-point scale composed of 41 items: 28 items evaluate PQ, HQ, and ATT of the experience (AttrakDiff dimensions), while the remaining 13 items evaluate the perception of others according to the co-presence, attention, perceived affective understanding, perceived affective interdependence, and perceived behavioral interdependence (NMPSI dimensions). Each item is in its positive and negative form, and they are in Portuguese. Figure 2 shows the dimensions on which SEPE was based to evaluate socio-affective aspects of the experience, combining AttrakDiff and NMPSI.

PQ items tell us whether attributes of the system were perceived, for example, as "simple – complicated" or "practical – impractical"; HQ items tell us whether the experience was perceived, for example, as "creative - unimaginative" or "professional – unprofessional"; while ATT items tell us whether the experience was perceived, for example, as "likeable – disagreeable" or "good – bad". The last 13 items were inspired by the NMPSI questionnaire and adapted in their positive and negative form as shown in Table 1. Some examples are: "My partner's actions influenced how I felt / My partner's actions did not influence how I felt" and "My partners could tell how I felt / My partners couldn't tell how I felt'.

#### 3.3. Procedure

The pilot study was conducted as follows: First, the participants already had their objects related to the Aquarela song such as castles, sailboats, planes, etc. Previously to the study, the participants received printable QR-codes to be pasted on the objects. Also, they received printable emoticons with their respective QR-code to express their affective states. Then, the participants accessed the *Aquarela Virtual* system by typing a username and selecting an avatar to represent them in the system. By logging into the system, participants looked at all avatars and names of participants currently logged into the system as illustrated in Figure 3. During the interaction experience, all participants were free to manipulate their physical objects and emoticons in front of their webcams.

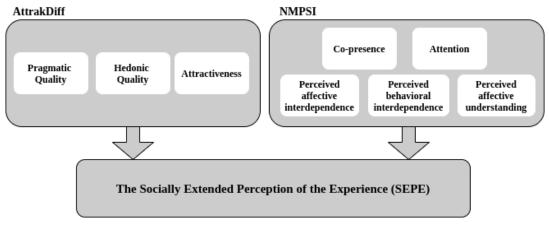


Figure 2. The Socially Extended Perception of the Experience (SEPE).

|  | S1: I notice my partners  | S1: I didn't notice my partners   |
|--|---|---|
| Co-presence                                | S2: My partners noticed me  | S2: My partners didn't noticed me   |
| Attention                                  | S3: I remained focused on the activity  | S3: I didn't remain focused on the activity   |
| Perceived                                  | S4: I could tell how my partners felt   | S4: I couldn't tell how my partners felt  |
| affective<br>understanding                 | S5: My partners could tell how I felt   | S5: My partners couldn't tell how I felt  |
| Perceived<br>affective<br>interdependence  | <ul> <li>S6: I was sometimes influenced by my partner's moods</li> <li>S7: My partners were influenced by my moods</li> <li>S8: My partner's feelings influenced the mood of our interaction</li> <li>S9: My feelings influenced the mood of our interaction</li> <li>S10: My partner's actions influenced how I felt</li> <li>S11: My actions influenced how my partners felt</li> </ul> | <ul> <li>S6: I wasn't sometimes influenced by my partner's moods</li> <li>S7: My partners weren't influenced by my moods</li> <li>S8: My partner's feelings didn't influence the mood of our interaction</li> <li>S9: My feelings didn't influence the mood of our interaction</li> <li>S10: My partner's actions didn't influence how I felt</li> <li>S11: My actions didn't influence how my partners felt</li> </ul> |
| Perceived<br>behavioral<br>interdependence | <ul><li>S12: My behavior was often in direct response to my partner's behavior</li><li>S13: The behavior of my partner was often in direct response to my behavior</li></ul>  | <ul><li>S12: My behavior wasn't often in direct response to my partner's behavior</li><li>S13: The behavior of my partner wasn't often in direct response to my behavior</li></ul>  |

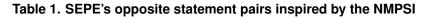




Figure 3. A screenshot of the graphical user interface of the Aquarela Virtual.

In Figure 3, we can see that one participant showed the "sun" object and started the song and animation segment of the "castle and sun" environment. His/her avatar ("bear") appears jumping in front of the castle and the animation of the sun increasing in size and intensity is activated. Next, another participant showed the "castle" object and his/her avatar ("monkey") also appears jumping in front of the castle. Participants can perceive which object each person is interacting with by observing a referential image of the object (social feedback) that appears next to each participant's name. After the experience, participants filled out the *SEPE* form, anonymously, to evaluate their experience.

#### 3.4. Results

The analysis of the participant's responses to the instrument was split in two parts: Results based on the AttrakDiff questionnaire, and results based on the socio-affective aspects of the experience.

## 3.4.1. AttrakDiff Results

As described in Section 2, the AttrakDiff questionnaire measures the perceived Pragmatic Quality (PQ), Hedonic Quality (HQ), and the attractiveness (ATT) of interactive systems. HQ can be subdivided into providing stimulation (HQ-S) and communicating identity (HQ-I). To analyze the participant's responses related to the 28 word-pairs of the AttrakDiff, we transferred these collected data to an online tool. The online tool provides us with three diagrams: (1) The Portfolio of Results diagram (Figure 4-left) illustrates the medium value of PQ and HQ; (2) The Diagram of Average values (Figure 4-right) illustrates the average values of PQ, HQ-S, HQ-I, and ATT; and (3) The Distribution of Response Patterns diagram (Figure 5) illustrates the distribution of the responses for each word-pair of the AttrakDiff represented by blue squares.

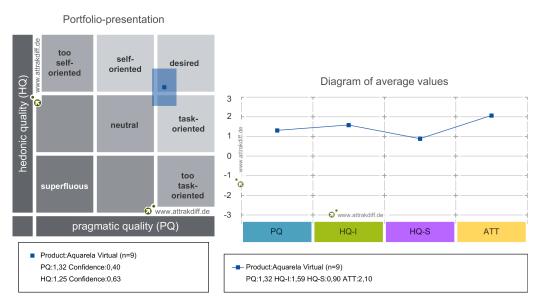
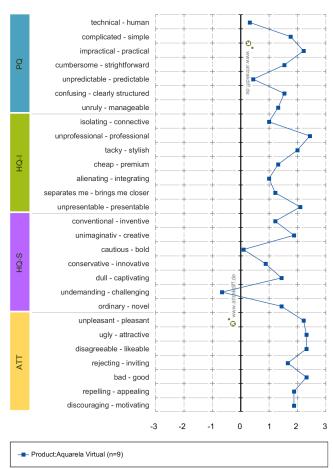


Figure 4. Left: The Portfolio of Results - Right: The Diagram of Average values

Results in Figure 4-left show a strong PQ (value: 1.32, confidence interval: 0.40) and a strong HQ (value: 1.25, confidence interval: 0.63) suggesting that the system satis-

fies the pragmatic and hedonic needs of the participants. In Figure 4-right, ATT obtained the highest value (value: 2.1) suggesting that the system was perceived as highly attractive. According to Figure 5, pragmatic attributes of the Aquarela Virtual system were mainly perceived as practical and simple to use; hedonic attributes were mainly perceived as professional, presentable, and stylish; whereas for the attractiveness of the system, word-pairs like "good", "likeable" and "attractive" were highlighted.



Description of word - pairs

Figure 5. The Distribution of Response Patterns

#### 3.4.2. Socio-affective results

To analyze socio-affective aspects of the experience, we counted the participant's responses relating to the 13 statement pairs inspired by the NMPSI questionnaire. According to Figure 6, S3 (*I remained focused on the activity*) obtained the highest value followed by S10 (*My partner's actions influenced how I felt*) and S1 (*I noticed my partners*). The lowest values were obtained by S7 (*My partners weren't influenced by my moods*), S9 (*My feelings didn't influence the mood of our interaction*), and S12 (*My behavior wasn't often in direct response to my partner's behavior*). The results suggest that most participants perceived the system as great at keeping attention (S3 = 2.22) because they remained focused on the activity attracted by music, images and animations. Also, participants perceived that the action of the other participants influenced how they felt (S10 = 1.33), noticing the social presence of others (S1 = 1.22) and the influence of their actions on their affective states. Our evaluation instrument also captured positive values related to the perception of how others felt and if they perceived how I felt during the activity (S4 = 0.44, S5 = 0.44). On the other hand, it was less perceptible for the participants to know if their partners were influenced by their affective states, or if the mood of the social interaction was influenced by their affective states.

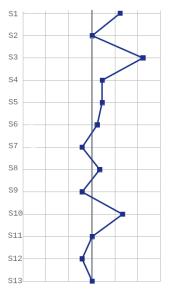


Figure 6. Socio-affective results

#### 4. Discussion

To answer our research question "how to evaluate the Aquarela Virtual system affordances for socio-affective aspects of the experience?", we conducted a pilot study by using the proposed evaluation instrument, SEPE, followed by a debriefing with the participants after the experience. Results point out that the evaluation of the experience with the system by considering social and affective aspects was mostly positive. For example, most participants perceived the practical way to interact with the system provided by the freedom to manipulate and choose different objects (more practical than impractical, PQ = 2.22), the system encouragement for creativity and creative freedom (more creative than unimaginative, HQ-S = 1.89), the good balance between simplicity and complexity for actions (simpler than complicated, PQ = 1.78), and the attractive, likeable an good aesthetic aspects of the system aligned with a children's environment (ATT = 2.33). Moreover, our evaluation instrument captures the perception of the system as more undemanding than challenging (HS-Q = -0.44). Studies with children should help to clarify this point. Additionally, improvements can be made in the system to make the social feedback of affective states more noticeable, improving the perception of the "other" and perception of "myself" for the "other" during the interaction experience.

After the study, a debriefing session was carried out with the participants. Some participants expressed that on some occasions they felt that only the other participants started a segment song despite they had shown an object and it had been detected. It was observed that when a segment song was started, the participants interacted with their different objects (not necessarily related to the current segment song) hoping to receive some response from the system or to be able to start the next segment song. However, the next segment song was initiated only when the previous segment song ends and an object is detected. Thus, in that version of the system, all other displayed objects in a stanza in progress were ignored to start a new segment song. In this case, the high value obtained by S10 (My partner's actions influenced how I felt) suggests that the affective states of these participants were affected because they couldn't start a segment song with their objects because someone else had already started it, and the system did not consider their interactions with the objects to start the next segment song. Based on this result, a new version of the system implemented a "voting strategy" in which the most detected object during the interaction with a segment song would start the next segment song.

This preliminary evaluation of the Aquarela Virtual system allowed us to identify points to improve in the system such as the social feedback of affective states, the digital animations, the voting strategy, and aesthetic aspects of the interface. Points to improve in our evaluation instrument could include aspects related to technology, or concepts related to the enactive approach such as the *embodiment*. For example, we could include items related to how the ubiquity of a system is perceived, how the system stimulates the involvement of the body, or how people perceive whether a system reacts to their physical presence or physiological information.

#### 5. Conclusion

In this work we addressed the need for considerations of the other actions and affective expression of peers during remote interaction. We proposed an evaluation instrument and conducted a pilot study to evaluate the potential of the Aquarela Virtual System for raising socio-affective aspects of the experience in a remote experience of interaction. An evaluation of the instrument itself is also a focus of this study. This preliminary evaluation of the Aquarela Virtual system was relevant to detect and correct bugs, make aesthetic improvements to the graphical interface, improve the digital animations, and improve the interaction experience considering social and affective aspects of participants.

The perception of others through their actions and affective states promoted by the system were captured by our proposed evaluation instrument, which has shown effectiveness to evaluate the socio-affective aspects involved in the remote experience of interaction. Further work involves studies with children's participation and the consideration of other concepts related to the enactive approach such as the *embodiment*. In this sense, new research questions arise to deepen the subject: *"How computational systems can incorporate design considerations that allow physical body involvement in the interaction?"* and *"How to evaluate these design considerations in a socioenactive scenario?"* 

#### Acknowledgments

This work is supported by the São Paulo Research Foundation (FAPESP) (grant 2015/16528-0) and the Coordenação de Aperfeiçoamento de Pessoal de Nível Superior - Brasil (CAPES) - Finance Code 001. This work is part of a project that was approved by a research ethics committee (CAAE 72413817.3.0000.5404). The authors thank the InterHAD team for their collaboration in different phases of the Project.

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