Inspiring Women in Technology: Educational Pathways and Impact

Larissa F. Rodrigues Moreira¹, Liziane S. Soares¹, Adriana Z. Martinhago¹

¹Institute of Exacts and Technological Sciences – Federal University of Viçosa (UFV) Rio Paranaíba – MG – Brazil

{larissa.f.rodrigues, adriana.martinhago, liziane.soares}@ufv.br

Abstract. This paper presents initiatives aimed at fostering female involvement in the realm of computing and endeavoring to inspire more women to pursue careers in these fields. The Meninas++ Project coordinates activities at both the high school and higher education levels, facilitating dialogue between young women and computing professionals, and promoting female role models within the field. Our study demonstrated the significant impact of these activities on inspiring, empowering, and retaining female students in computing. Furthermore, higher education initiatives have fostered engagement among both women and men, promoting inclusivity, entrepreneurship, and collaboration to enhance women's representation in the computing field.

1. Introduction

Despite the progress made in promoting gender diversity, women continue to be underrepresented in the fields of Science, Technology, Engineering, and Mathematics (STEM) [Santos and Marczak 2023]. Consequently, gender stereotypes, low female representation, and negative opinions of influential individuals within women's social circles contribute to the low presence of women in undergraduate STEM courses [Santos and Marczak 2023, Ortiz-Martínez et al. 2023].

To overcome this gap, diverse initiatives have been implemented worldwide and in Brazil [Barioni et al. 2022, Irion et al. 2023, Santos and Marczak 2023, Novaes et al. 2023]. These initiatives aim to inspire and empower young women to enter STEM fields. They provide mentorship, hands-on learning opportunities, and access to successful female role models, thereby creating a supportive and encouraging environment for women [Bolan Frigo and Araujo 2023]. In this sense, the Meninas++ Project [Nunes et al. 2015a, Nunes et al. 2015b] at the Federal University of Viçosa (UFV) disseminates knowledge about computing to undergraduate and high-school women, aiming to attract women to STEM and empower them with the skills and confidence necessary to thrive in the field. In this paper, we discuss our initiatives and their impacts on both high school and undergraduate students. The main contributions are:

- Provide a comprehensive analysis of Meninas++ Project initiatives to address the under-representation of women in STEM, particularly in computing.
- Demonstrating the positive impact of Meninas++ Project on inspiring, empowering, and retaining female students through quantitative data and qualitative feedback.
- Offering insights into the effectiveness of Meninas++ Project in fostering a supportive learning environment and equipping women with skills for success in computing careers.

2. Project Actions

We present in Table 1 an overview of the various initiatives undertaken by the Meninas++ Project to encourage women's participation and interest in technology. Figure 1 shows pictures depicting diverse organized activities.

Initiative	Description	Goals	
Lectures	- IT Market over 10 years,	- Disseminate knowledge.	
	- AI advancements,	- Foster engagement.	
	- Ada Lovelace Day celebrations.	- Inspire women in Computer.	
Exhibition:	- Gallery at UFV highlighting women's contributions	- Highlight women's achievements.	
TechWomen	to computing history through images and narratives.	- Inspire and empower current and future gen-	
		erations.	
Conversation	- Dialogue and collaboration among undergraduates	- Strengthen bonds.	
Groups	for sharing insights and providing mutual support.	- Offer mutual support.	
		- Help perseverance in studies.	
Meninas++	- Annual event since 2017 with speakers sharing their	- Motivate and empower participants.	
Workshop	journeys to inspire women to pursue tech careers.	- Foster networking and mentorship.	
	- Networking and mentorship opportunities.	- Popularize computing.	
	- Promote computing careers among high school stu-		
	dents in Alto Paranaíba, MG.		
Hackathon OMR	- Collaboration with Pix Force to develop AI-based	- Promote innovation in technology.	
Challenge	solutions for educational contexts.	- Encourage practical application of AI in edu-	
	- Participants created prototypes for automating	nating cation.	
	multiple-choice test corrections using AI and Com-		
	puter Vision.		

Table 1.	Summary of	Meninas++	Project Actions.
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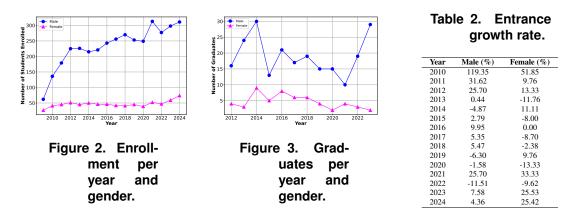
Figure 1. (a) Lectures and conversation groups, (b) Hackathon, (c) Workshop, and (d) TechWomen Exhibition.

3. Results and Discussion

We analyzed the number of students enrolled and graduates of Information Systems courses at UFV, as these are the only computing courses available on the Rio Paranaíba Campus. On the university platform, we collected data that revealed a low representation of women in Information Systems courses, both as enrolling students (regular students) and graduates. Figure 2 depicts the enrollment rate of students in the undergraduate program under analysis, showing the enrollment of both male and female students. Figure 3 illustrates the graduation completion rates of these students over time. To assess the correlation between the enrollment rates of male and female students, we conducted a hypothesis test based on the following premises.

- Null hypothesis (\mathcal{H}_0): There is no significant difference in the growth rate of enrollment between male and female students over time.
- Alternative hypothesis (\mathcal{H}_1) : The growth rate of enrollment among male students is significantly higher than the growth rate of enrollment among female students over time.

Considering this hypothesis, we calculate the enrollment Growth Rate over the years as Growth Rate = $\frac{Current Value - Previous Value}{Previous Value} \times 100$. We computed the mean and standard deviation of the growth rates for each group, as shown in Table 2, and then conducted the *T*-Student test to determine if there was a significant difference between the mean growth rates. The mean and standard deviation of the growth rates were as follows: male growth rate, mean = 2.09, standard deviation = 12.39; female growth rate, mean = 2.77, standard deviation = 15.45. We calculated the critical value of the *T*-Student's test at a significance level of 5%, and performed a test to determine whether we rejected or accepted \mathcal{H}_0 .



We used the *T*-Student table with 28 degrees of freedom (total number of observations minus two) to determine the critical value. The critical value of t for a two-tailed test with 28 degrees of freedom and a significance level of 5% is approximately 2.048. The observed t value was approximately -0.56. As the observed t-value (-0.56) is not greater than the critical value \pm 2.048, we do not have sufficient evidence to reject \mathcal{H}_0 . Therefore, we cannot conclude that there is a significant difference in the mean growth rate between male and female student enrollment over time at a significance level of 5%. Thus, we accept \mathcal{H}_0 . In this sense, it is essential to recognize the potential positive impact of the Meninas++ Project. The initiatives undertaken by Meninas++ contribute to the entry and retention of more women in STEM fields; however, external factors may mitigate these effects. Hence, it is important to continue expanding initiatives within municipalities and region to reinforce and extend the favorable outcomes of the project.

Annually, as part of our project, we host the Ada Lovelace Day event, an internationally recognized celebration. In 2023, we expanded our efforts by hosting two distinct events: "Ada Lovelace Day Community" and "Ada Lovelace Day University", which engaged both high school students from Rio Paranaíba and undergraduate students from the Systems Information Courses at UFV. The "Ada Lovelace Day Community" event was attended by 62 high school students and we conducted a survey aimed at discerning the profiles of high school students, exploring their perceptions of the technology field, and soliciting feedback about the event. Our results demonstrated that the majority of participants were female (54.84%) between 17 and 18 years of age (Figure 4a).

Our research aimed to evaluate students' interest in disciplines within the Exact Sciences, as depicted in Figure 4b. The results demonstrated that 35.29% of female students expressed interest in these fields, compared to 42.86% of male students. While both genders showed interest, a higher percentage of male students were drawn to these fields compared to female students. As shown in Figure 4c, we expanded our analysis to ascer-

tain students' interest in the field of computing. The results suggests a significant gender gap: merely 26.47% of female students expressed an interest in computing, in contrast to 57.14% of male students. The proportion of male students interested by computing (57.14%) exceeded that of those with a general interest in Exact Sciences (42.86%). This disparity indicates a gender divide within the computing domain, suggesting that the allure of computing for male students transcends a mere inclination towards the Exact Sciences. However, the proportion of female students interested in computing was lower than that of those interested in Exact Sciences, declining from 35.29% to 26.47%. This decline in interest implies potential barriers for women in pursuing computing-related paths.

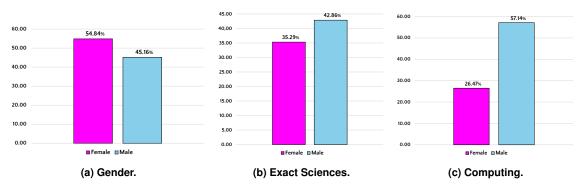


Figure 4. Participant interests at the Ada Lovelace Day Community.

The "Ada Lovelace Day University" event saw participation from approximately 100 attendees, including 66 undergraduate students of Information Systems. The event featured a keynote titled "Impacts of AI on Web Development" delivered by a female Software Engineer from a major company. She is an alumna of the Meninas++ Project, holding a degree in Information Systems, and is currently active in the job market as a pleno. Her inspiring journey and involvement with the Meninas++ initiative served as a source of motivation for the attendees.

First, we analyzed the age and year of university enrollment. Figure 5a illustrates the dispersion of this information, allowing us to conclude that for both male and female students, there appeared to be no significant change in their age range over time. Additionally, we analyzed the distribution of age among male and female students, as depicted in Figure 5b. We found that the majority of participants in the event were between 18-20 years old, primarily comprising students in the early stages of the Information Systems course. Our results indicate a significant level of engagement among male students in the event, demonstrating their support and commitment to the project's initiatives. This observation highlights the critical role that male students play in promoting gender diversity and equality in computing. The presence and endorsement of female and male students contributes to promoting gender equality efforts, thereby magnifying the project's influence.

We evaluated the event across various dimensions to gauge its effectiveness and impact on participants' experiences (Figure 5c), including networking opportunities, acquisition of new knowledge, and alignment with participants' expectations. Ratings were measured on a scale ranging from 1 to 5, with 1 representing the lowest score and 5 the highest. The horizontal dashed line denotes the overall mean evaluation. Our results suggests that both male and female attendees had favorable experiences, suggesting that the event effectively met their expectations and provided valuable networking opportunities and knowledge acquisition, regardless of gender.

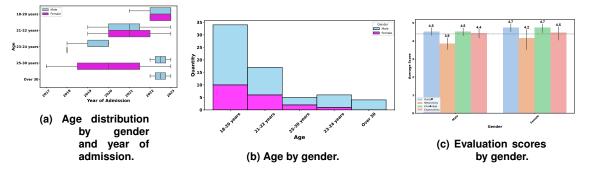


Figure 5. Participants of the Ada Lovelace Day University.

During the "Ada Lovelace Day University", participants were asked to mention the names of women with a history of computing. Thus, we generated a word cloud to visualize the most frequently mentioned names (Figure 6). Our results indicated that many names mentioned by the participants were featured in the exhibition "TechWomen: Women Who Transformed Technology". We can observe the prominence of the names associated with pioneering women in computing and technology. Names such as "Ada Lovelace," "Grace Hopper," and "Nina Silva" stand out, reflecting their significant contribution to the field. Additionally, terms such as "ENIAC female programmers" and "all female professors on the course" further highlight the achievements of women in technology and the impact of the Meninas++ Project.



Figure 6. Names of influential women in Computing most cited by participants.

4. Concluding Remarks

This study sheds light on the actions undertaken by the Meninas++ Project to address the under-representation of women in STEM fields, particularly in computing. Our analysis revealed the impact of these actions in motivating, empowering, and retaining female students. By employing both quantitative and qualitative data, we provided meaningful insights into the efficacy of our initiatives in fostering a supportive learning environment.

In future work, we plan to conduct longitudinal studies to track the long-term impact of our project, deepen our analysis through qualitative research methods, explore intersectionality in STEM experiences, compare outcomes across institutions and regions, develop professional development programs for educators, foster industry partnerships, and analyze policies to support and create opportunities for women in the STEM field.

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